



Amble with
ANGUS
 RUNNERS ROUTE MAP

Start at the Eau Claire arches. Head west on the south side of the Bow River along the pathways. Cross the Bow River at 14th Street and proceed east along the pathways (Memorial Drive) on the north side of the Bow River to the 10th Street Bridge. Go south on the bridge, east on the pathway and immediately curl under 10th ST. Return on the LRT footpath to the pathway on the north side of the river. Follow the pathway to Prince's Island Park. Finally, cross Prince's Island Park and run back to the Eau Claire arches.

Approximately 5km
 Location: Eau Claire Market – 200 Barclay Parade SW