

Amble with **ANGUS** 2011



For the Calgary Inter-Faith Food bank

Be a part of the CBC/Suncor Food Bank Drive in support of the Calgary Inter-Faith food bank.

Early on the morning of Friday, December 16th, athletes will join Angus Cowan and brave the brisk morning air to run five kilometres in support of the Calgary Inter-Faith Food Bank.

This is a fun run.



Event

CBC's Annual "Amble with Angus" for the Calgary Inter-Faith Food Bank.
Check www.amblewithangus.com for details.

Date

Friday, December 16th 2011

Time

7:30 am - Please arrive early

Location

The Arches at Eau Claire Market
200 Barclay Parade SW

Route

Pathways along the Bow River.

Distance

Approximately 5 kilometres.

Entry Fee

Register Online at amblewithangus.com or register race day with a \$20 minimum donation to the Calgary Inter-Faith Food Bank. All entry fees are due on race day.

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